



## FOR ALL MENTORS

# GROUP SUPERVISION

Reflect together. Learn together. Mentor better.

The RNZAF Mentoring Group Supervision sessions provide mentors with a safe, reflective, and professionally supported space to pause, review their mentoring practice, and learn alongside others.

Mentoring can be deeply rewarding, but it can also bring complexity. Mentors may find themselves navigating uncertainty, boundaries, confidentiality, difficult conversations, or the simple question of whether they are supporting their mentee in the best way. Group supervision creates space to reflect on these experiences, explore challenges, consider ethical practice, and learn from the wisdom of other mentors.

Delivered in a supportive and non-judgemental format, supervision helps mentors grow in confidence, strengthen their practice, and continue developing their ability to serve others well. It supports the mentor, protects the mentee, and improves the quality of the whole RNZAF Mentoring Programme.



Supporting mentors  
to reflect, learn, and  
grow with confidence

“HIKINA TE  
MANUKA  
Pick up the challenge.”



## WHAT TO EXPECT

- Reflective practice
- Safe ethical exploration
- Shared learning
- Confidence and capability
- Support through complexity
- Professional growth
- Support for reflective logs, continued development, and EMCC Individual Accreditation pathways where applicable.



### RNZAF Mentoring Programme

To lead workplace mentoring so that our people can unlock and achieve success.

